



www.mcd.barcouniforms.com

350 West Rosecrans Avenue Gardena, CA 90248

Customer Number



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LOOK GREAT AND MAXIMIZE THE LIFE OF YOUR FASHION APPAREL

The fabrics and styles of your fashion apparel were designed with comfort and performance in mind. The following tips will also help maximize the life of your garments. Train your crew on these tips and best care practices to protect your investment!

AT HOME:

- For the best fit and comfort, garments should be washed before wearing.
- Your fashion apparel should be washed after every wearing, and as soon as possible if it has been stained. The longer the stain sits, the more difficult it is to wash out.
- Pre-treat tough stains with removers.
- Follow the care instructions located on the tag inside each garment.
- Remove apparel from the dryer promptly and hang when not in use to minimize wrinkling.
- If apparel must be packed into a bag, we suggest rolling the garments into a log shape to minimize wrinkling.
- Remove name badges before washing.
- Ties and hats are not machine washable. **Spot clean stains** as needed. Hats should be hand washed. **Neck wear should be dry cleaned**.

IN THE RESTAURANT:

- Wear aprons for protection while working in the kitchen area.
- Keep a stain remover at the restaurant for employees to pre-treat spots after a shift.
- Keep an iron and ironing board at the restaurant for employee touch ups to uniform shirts.

*Download a PDF of this insert with Fit & Care instructions from mcd.barouniforms.com for a quick reference or distribution to crew. You can also download handy employee sizing charts to keep on file!

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Crew

Shirts MC346 Unisex Triathlon Polo (XS-5XL) \$10.55 MC347 Female Triathlon Polo (XS-5XL) \$10.55 MC330 Unisex Band Play Woven Shirt (XS-5XL) \$10.55 MC331 Female Band Play Woven Shirt (XS-5XL) \$10.55 MC690 Unisex Polo MC700 Female Polo MC699 Unisex Woven Shirt MC701 Female Woven Shirt MC357 Unisex Colorblock Polo (XS-5XL) \$10.55 (XS-5XL) \$10.55 (XS-5XL) \$10.55 (XS-5XL) \$10.55 (XS-5XL) \$10.55 Also in Blue & Black MC356 Female Colorblock Polo MC359 Unisex Woven Shirt MC360 Female Woven Shirt MC327 Unisex Maintenance Shirt MC361 Maternity Shirt (XS-5XL) **\$10.55** (XS-5XL) \$10.55 (XS-5XL) \$10.55 (XS-5XL) \$10.55 (XS-4XL) \$10.55 Sizes 25-27 28" 28" 30" inseam 31" 32" Even **Bottoms** 33" 34" sizes inseam inseam 28-56 30" 32" 34"

MC271 Female Flat-Front Pants

Expandable slider waists 18-34

(2-34 Evens) \$10.75

inseam

MC262 Unisex Cargo Pants (Waists 25-56) \$10.75

MC270 Men's Flat-Front Pants

Expandable slider waists 40-56

(Waists 28-56 Evens) \$10.75

MC231 Universal Skirt (0-34 Evens) \$12.75

Crew







Manager

Shirts



Short-Sleeve Shirt (14½-21) \$13.95



MC186 Men's Wired Long-Sleeve Shirt (15-21) \$14.50



MC181 Women's Wired Short-Sleeve Shirt (XS-4XL) \$13.95



MC187 Women's Wired Long-Sleeve Shirt (XS-4XL) \$14.50



MC146 Men's White Pinstripe Short-Sleeve Shirt (14½-21) \$13.95



MC148 Men's White Pinstripe Long-Sleeve Shirt (15-21) \$14.50



MC147 Women's White Pinstripe Short-Sleeve Shirt (XS-4XL) \$13.95



MC149 Women's White Pinstripe Long-Sleeve Shirt (XS-4XL) \$14.50



White Pinstripe Pattern



MC176 Men's Soho Black Pinstripe Short-Sleeve Shirt (14½-21) \$13.95



MC178 Men's Soho Black Pinstripe Long-Sleeve Shirt (15-21) \$14.50



MC179 Women's Soho Black Pinstripe Long-Sleeve Shirt (XS-4XL) \$14.50



MC163 Men's Steel Chambray Short-Sleeve Shirt (14½-21) \$13.95



MC164 Women's Steel Chambray Short-Sleeve Shirt (XS-4XL) \$13.95



MC170 Men's Sienna Stripe Short-Sleeve Shirt (14½-21) \$13.95



MC171 Women's Sienna Stripe Short-Sleeve Shirt (XS-4XL) \$13.95



MC184 Men's Blues Short-Sleeve Shirt (14½-21) \$13.95



MC185 Women's Blues Short-Sleeve Shirt (XS-4XL) \$13.95





Sienna Stripe Pattern

Manager





MEN'S FIT&CARE ALL SHIRTS AND BOTTOMS

- Machine wash cold with like colors
- Use non-chlorine bleach only when needed
- Tumble dry, delicate
- Remove and hang promptly after drying

HOW TO MEASURE

Take all measurements over undergarments, using standard measuring tape.

Chest: Place measuring tape under the arms and measure the distance around the shoulder blades and the fullest part of the bust/chest. Hold measuring tape in a relaxed, straight line. Do not hold the tape too tight.

Waist: Place measuring tape around the natural waistline. **Low Hip:** Stand with feet a few inches apart and measure around the fullest part of your hips wearing your undergarments.



MEN'S CREW SIZING:

PANT	Waist	27	28	29	30	32	34	36	38	40	42	44	46	48	50	52	54	56
CREW P	Approxima 5'6" or les	_	0		0		0		6': 34" i	nseam								

MEN'S MANAGER SIZING:

TS	Waist	27	28	29	30	31	32	33	34	36	38	42	46	48	50	52	54	56
PANTS	Approxima 5'7" or les									34" inse	am							
	Neck	14½	15	15½	16	16½	17	17½	18	18½	19	20	21					
	Chest	36	38	40	42	44	46	48	50	52	54	58	62					
SHIRT		33	33	33	33	33	33	33	_	-	-	_	-					
	Sleeve Length Options	_	35	35	35	35	35	35	35	35	35	35	-					
	Options	_	_	_	37	37	37	37	37	37	37	37	37					

UNISEX SIZING:

0.1101	A SIZING.																					
w	Sizes	XS		S		M		ı	L	х	XL		XL	3)	KL	4XL		5XL				
SHIRTS	Men's Chest	32		34-36		38-40		42-44		46	46-48		50-52		54-56		58-60		62-64			
0,	Female Bust 30-32 33-3		-36	37-40		41-44		45	45-48		44-52		53-56		57-60		61-64					
_	Men's Waist	25	26	27	28	29	30	31	32	33	34	36	38	40	42	44	46	48	50	52	54	56
) PANT	Female	-	_	_	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	_
CARGO	Hip	33	34	35	36	37	38	39	40	41½	43	441/2	46½	48½	50½	52½	54½	56½	58½	60½	62½	64½
0	Approximate he	eiaht a	uidelin	es for i	orderir	na ladie	e' nar	nt lena	th:													

Approximate height guidelines for ordering ladies' pant length:

5'6" or less: 28" inseam | 5'7" to 5'10": 30" inseam | 5'11" to 6': 32" inseam | 6'1" to 6'3": 34" inseam





WOMEN'S FIT&CARE ALL SHIRTS AND BOTTOMS

- Machine wash cold with like colors
- Use non-chlorine bleach only when needed
- Tumble dry, delicate
- Remove and hang promptly after drying

HOW TO MEASURE

Take all measurements over undergarments, using standard measuring tape.

Chest: Place measuring tape under the arms and measure the distance around the shoulder blades and the fullest part of the bust/chest. Hold measuring tape in a relaxed, straight line. Do not hold the tape too tight.

Waist: Place measuring tape around the natural waistline.

Low Hip: Stand with feet a few inches apart and measure around the fullest part of your hips wearing your undergarments.

FEMALE CREW SHIRT & PANT/SKIRT/SHORTS SIZING:

Shirt Size	xs			S		M		L		XL		2XL		3XL		4XL		5XL	
Pant Size	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36
Bust	32	33	34	35	36	37	38½	40	41½	43½	45½	47½	49½	51½	53½	55½	57½	59½	61½
Waist	25½	26½	27½	28½	29½	30½	32	33½	35	37	39	41	43	45	47	49	51	53	55
Hip	35	36	37	38	39	40	41½	43	441/2	46½	48½	50½	52½	54½	56½	58½	60½	62½	64½

Approximate height guidelines for ordering the correct female pant length:

5'6" and under: 28" inseam | 5'7" to 5'10": 31" inseam | 5'11" to 6': 33" inseam

WOMEN'S MANAGER SHIRT & PANT/SKIRT/SHORTS SIZING:

Shirt Size	xs		s		M		L		XL		2XL		3XL		4)	XL
Pant Size	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
Bust	33	34	35	36	37	38½	40	41½	43½	45½	47½	49½	51½	53½	55½	57½
Waist	26½	27½	28½	29½	30½	32	33½	35	37	39	41	43	45	47	49	51
Hip	36	37	38	39	40	41½	43	44½	46½	48½	50½	52½	54½	56½	58½	60½

Approximate height guidelines for ordering the correct women's pant length:

5'6" and under: 28" inseam | 5'7" to 5'10": 30" inseam | 5'11" to 6': 33" inseam

WHEN SHOULD FEMALES ORDER A UNISEX CREW SHIRT?

Female shirts are contoured and unisex shirts are not. You should order unisex if you prefer a looser fit and a straight bodice. Females under 5'2" may prefer the ladies' fit, so your shirt isn't too long.